



# MOOSE BODY PIERCING

## PIERCING AFTERCARE INSTRUCTIONS

### GENERAL INSTRUCTIONS FOR YOUR NEW PIERCING

- Leave all 'crusties' on during the healing process. Picking at crusty residue exposes the new healed skin to air and dirt and allows for possible infection.
- AVOID touching, as this disturbs and slows down the healing process and breaks any new healed skin. DO NOT twist or remove jewellery throughout the healing time.
- To remove 'crusties', allow warm shower water to soften the crusty residue and rinse your piercing.
- Dry after showering with clean towel, gauze or hair drier on cool setting.
- Apply NeilMed aftercare product onto the jewellery at the entry and exit sites.
- Clean twice daily with NeilMed Aftercare.
- No swimming in pools, spas or the ocean until the healing process is finished.
- After the swelling period is over, it is recommended to downsize to limit movement.
- If there is any sign of infection, seek medical advice.
- Do not use any cotton tips or cotton products to clean your piercing.
- Do not remove jewellery for any reason unless discussed with Moose.

### CONTACT DETAILS:

Facebook: Moose Body Piercing  
Instagram: @moosebodypiercing

Ink Testament Private Studio  
3/185 eighth avenue, Inglewood

### PIERCING SPECIFIC AFTERCARE

#### Nose

- > Change pillow case to a clean pillow case, dead skin cells and bacteria will prolong healing.
- > Be cautious of irritation if wearing glasses.
- > Avoid any chemicals in the area including cleansers, moisturisers, sunscreen and make up.

#### Navel, Nipple and Eyebrow

- > Do not touch or let others touch your piercing.
- > Tongue play or oral contact around your piercing should be avoided.
- > Be wary of clothing snagging, catching or putting pressure on the piercing.

#### Oral Piercings

- > Do not touch excessively with fingers or tongue.
- > TONGUE - In the first 24hrs, keep our mouth cold by sucking on ice. Avoid spicy food. New toothbrush is recommended.

### GENERAL RISKS

#### GENERAL RISKS TO CONSIDER

- Infection may set in if your hygiene is poor, seek medical advice if you are concerned.
- Do not remove jewellery if infection occurs, as this can trap infection inside.
- If the area around your piercing is hot and itchy, you may have a metal reaction. Please see piercer.
- Piercing under pressure may migrate out through the surface of the skin leaving scarring.
- Be cautious of hair getting caught around jewellery.
- Oral piercings can rub on gums and teeth. Teeth can potentially be chipped.
- Ear cartilage one of the most difficult for healing.
- With the current climate in regards to Covid-19 and lockdowns, please be extra cautious in mask wearing and how that may affect your piercings.

**Thank you for visiting Moose Body Piercing!**

**If you enjoyed your experience, I would appreciate you leaving me a review on Google! This is so I can keep giving others the same great experience you had!**